



St. Gerard Majella Roman Catholic Church

300 Terryville Road
Port Jefferson Station, NY 11776
Phone: 631-473-2900 Fax: 631-473-0015
www.stgmajella.org

Pastoral Staff

Pastor

Rev. Gregory Rannazzisi frgreg@stgmajella.org

Parochial Vicars

Rev. Frank Grieco
Rev. Sijomon Varghese frsijomon@infantjesus.org

In Residence

Rev. Matthew Udobi
Rev. Vitus Ezeiruaku

Deacons

Deacon Pat Gerace deaconpat@infantjesus.org
Deacon Frank DellAglio deaconfrank@stgmajella.org
Deacon John Grebe deaconjohn@stgmajella.org
Deacon Carlito Roman deaconcarlito@stgmajella.org

Parish Trustees

Art Reyling & Ralph Carusillo

Pastoral Staff

Dcn. Carlito Roman, Pastoral Associate for Administration
Chuck Pramnieks, Music Director chuck@stgmajella.org
Bob Paplin, Facilities Manager rpaplin@stgmajella.org
Jennifer Donnellon, Office Manager jennifer@stgmajella.org
Patty Longo, Director of Religious Ed. patty@stgmajella.org
Denise Nienburg, Thrift Shop Manager thrift@stgmajella.org
Jackie Maggiore, Receptionist secretary@stgmajella.org

Parish Office Hours

Monday — Thursday: 9:00am-4:30pm
Sunday: 8:00am-1:00pm Closed Friday and Saturday

Mass & Devotions

Saturday: 5:00pm Sunday: 8:00am, 10:00am, 12:00pm
Weekdays: 9:00am
Rosary: Monday – Friday: 8:30am
Chaplet of Divine Mercy: Monday - Friday: 9:30 am
First Saturday: 11:00am Mass with the Anointing of the Sick

Penance

The sacrament of Reconciliation (Confession) is celebrated on Saturdays from 3:45pm-4:45pm. You may call the Parish Office to make an appointment with one of the priests.

Baptism

Baptisms are typically held twice a month at 1:30pm. Please call the Parish Office to schedule an appointment to set a date. Selection of godparents should be made after speaking with one of the priests or deacons.

Marriage

Please call the Parish Office to make arrangements for your wedding at least six months in advance. No date can be set until the couple meets with a member of the clergy.

Parish Outreach Hours

Food Pantry

Tuesday: 11:30am-3:00pm
Wednesday: 12:30pm-3:00pm
Thursday: 11:30am-1:30pm & 4:30pm-5:30pm

Thrift Shop/Barn

Monday — Thursday: 9:30am-3:30pm
Friday: 9:30am-2:00pm
Donations accepted Monday-Thursday: 10:00am-3:00pm
and Friday: 10:00am-1:00pm. Please refer to our website for a list of items that can be donated.

Stewardship Supper

The Thursday evening dinner is served between 4:30pm and 5:30pm. All are welcome.



**IF WE HAVE DIED WITH THE LORD,
WE SHALL ALSO LIVE WITH THE
LORD; IF WE ARE FAITHFUL TO THE
END, WE SHALL ALSO REIGN WITH
THE LORD.**

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**Sunday, October 12, 2025
Twenty-Eighth Sunday
in Ordinary Time**



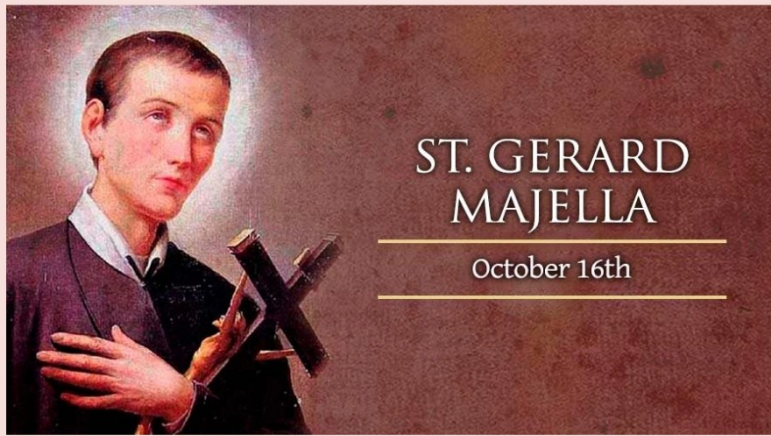
A Message from our Pastor



At Saint Brigid's in Westbury when I was newly ordained, a family invited me to their home for dinner. It was a great chance for me to meet with parishioners and their children and to learn a little bit more about the history of the parish as well as their experiences there. I don't remember much about the meal. I certainly do remember, though, that it was a delightful evening. What stands out to me even more is what happened the following weekend. After Mass, I saw the mother of that family who had invited me. She came running over very excitedly. I really didn't know what she was going to say. (*Had she won the lottery?*) What she was eager to tell me is that she was so touched by the little "Thank You" note I wrote to her the day after our dinner. She could not stop gushing over what a kind and thoughtful gesture that was. I remember nodding and acknowledging her gratitude while thinking that the note didn't seem very extraordinary to me. Was it that other guests hadn't adequately expressed their appreciation? I had simply done what my mother had taught me to do after being a guest at someone's home. And, for all these years, I have held on to that memory. Gratitude is so incredibly important!

In this weekend's Gospel, Jesus challenges us to be grateful. In this familiar story, lepers who come begging for help are met with Our Lord's mercy and compassion. We must remember that, at the time of Jesus, leprosy was virtually a death sentence. In addition to the physical pain and suffering they endured, lepers were completely segregated from their community. They could never again see family or friends. They could never go into a town or anywhere there might be unaffected people. They lived mostly on the scraps people left at the village line. But, when Jesus heals these lepers, He does more than just cure their disease, important and extraordinary as that was. In a real sense, He brings them back to life as they had known it. It was for them a sort of resurrection from the dead. They could now return to the temple to pray. They could see their families and friends again. They could go about their lives as they had previously, but now it was with a renewed sense of hope. What would be the only reasonable response to such a gift? We're told that just one of the lepers understood that response. He returns to Jesus, prostrates himself and expresses his immense gratitude. Saint Luke goes even further by telling us that this person was a Samaritan. Remember that the Samaritans and the Jews were mortal enemies. Even though he was healed and restored to life, one would not have expected a Samaritan to return to thank a Jewish rabbi for what he did.

Eucharist, you may remember, is a derivative of the Greek word which means "thanksgiving." Next month we observe our national Thanksgiving Day but, every time we gather for Mass, we are at a Thanksgiving Feast – a Eucharistic Feast. It is God's gift to us, and we relish in the privilege of having God come so close to us that we are able to hear His Word and receive His Real Presence under the cover of bread and wine. We go to Mass, not so much to *receive* something, but really to *give* something. We *give* our praise, and we *give* our gratitude to the God Who *thought* us into being, to the God Who holds us in being at every moment and will carry us into eternal life. Jesus, our Savior, took on our human nature with all its flaws and defects save sin. He taught love and mercy, healed the sick, welcomed all, and then gave His life for us on the cross. What is the only reasonable response to such generosity? It is simply to say "Thank you"! Nothing we ever do could adequately repay such kindness – the redemption of our very eternal souls. So, we do what Jesus asked us to do. We do this – Eucharist – in memory of Him. We simply say: "Thank You."



PARISH MINISTRY VOLUNTEERS

Invitation to our Annual
St. Gerard Majella Feast Day Mass

We invite you to join us on
Thursday, October 16th.

Rosary: 6:30 PM

Mass: 7:00 PM

You will have the opportunity to sit
alongside your fellow ministry
members and receive a special
blessing to honor you and renew
your commitment to our parish
community.



All parishioners are encouraged to attend our feast day Mass!

October 12, 2025



Parish Outreach Ministry

“Be diligent in serving the poor. Love the poor, honor them as you would Christ himself.”

—St. Louise de Marillac

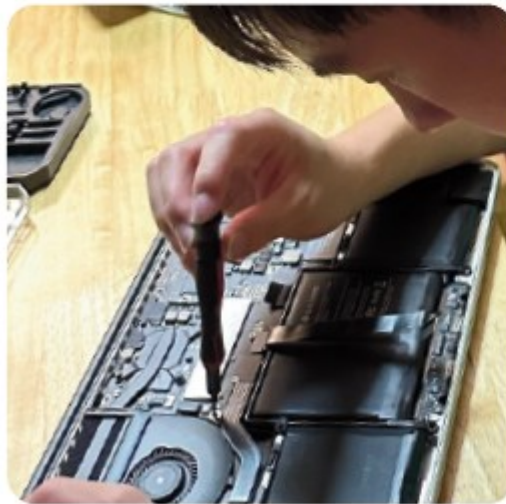
Food Pantry Needs

- Peanut Butter
- Mac n Cheese
- Granola Bars
- Shelf Stable Milk
- Canned Chicken
- Jelly
- Soup
- Canned Tuna
- Pasta
- Pasta Sauce
- Canned Fruit
- Beef Stew
- Shampoo/Conditioner
- Feminine Products
- Razors
- Shaving Cream
- Soap
- Laundry Soap
- Toothpaste/
Toothbrushes



RENEWBYTE

Student-Run Nonprofit Organization



WHAT WE DO



Free Repair

We offer **free labor** on screen replacements, battery swaps, and general electronics repair — **you just pay for the parts.**



Donations

We accept tech in **any condition** to support our mission.

WHO WE ARE

Hi! Our names are Austin and Jinxu, and we're part of the Class of 2027 at Ward Melville High School. Our mission is to repair damaged electronics and provide technology to low-income families.

We started this organization to give back to our community and show that anyone can make a difference. We are deeply grateful for your support and are confident in the change we will achieve with it.



@renewbytesolutions



renewbytesolutions@gmail.com

Religious Education

Week of October 13th

Levels 4, 5, 6 are on site this week. No Monday Class.

Level 7-Tuesday 7pm-8:15pm

Level 8-Wednesday 7pm-8:15pm

Levels 1, 2, and 3 are to do their work at home and complete the ISR.

Email Patty at patty@stgmajella.org for any questions.

**ST. GERARD MAJELLA'S
ALL SAINTS/HALLOWEEN
PARTY
AND TRUNK OR TREAT**

**October 18, 2025 1pm to 2:30pm
Parish Hall and Parking Lot**

**Admission—Canned Good or
Food Pantry donation
Rain or Shine**

- **Trunk or Treating in our Parking lot**
- **Music by DJ John**
- **Cupcake Decorating**
- **Crafts**
- **Games**
- **Wrap the Mummy Contest**

Come and Join Us!

Mass Intentions and Presider Schedule for the Week of October 13 – October 19

Monday, October 13

9:00am Francis Handley

Tuesday, October 14

9:00am Holy Souls in Purgatory

Wednesday, October 15 (St. Teresa)

9:00am Liwayway Roman, Vincenzo DiPrimo,
Tyler Howell

Thursday, October 16 (St. Gerard Majella)

9:00am Lucy Quirk

Friday, October 17 (St. Ignatius)

9:00am MaryEllen Walsh

Saturday, October 18 (Feast of St. Luke)

5:00pm Gloria Schwerdt, William Ferris, Robert Sanders,
Dawn Marie Jimenez, Marie Grace Francione,
Emma Gladys Jackson

Fr. Greg

Sunday, October 19

8:00am Robert Hofmann

Fr. Vitus

10:00am The Intentions of Michael Wilcoxon

Fr. Matthew

12:00pm John Hallisey

Fr. Greg



Stewardship Report

Last Week's Collection - \$8,654.00

Weekly Memorials

***Our Sanctuary Candle has been lovingly
donated in memory of:***



Joan Gallagher



***Our Bread and Wine has been lovingly
donated for the intentions of:***

Couples who desire to become parents

Prayers for the Sick

All the sick and residents of Atria, St. Joseph's Village, Woodhaven Adult Home & Nursing Home & Jefferson's Ferry, Luke John Carusillo, Erin Whitehead, LouEllen Klints, Arline & Paul Guma, Charles Ricottone, Ted Claesen, Connie & Frank Biscardi, Vinnie Surwilo, Barbara Klein-Croner, Robert Mutschler, Joan Francavilla, Barbara & Pat Consorte, Nancy Mulvihill, Paul Csorba, Antonio Loiacone, Vincent Ricottone, Dale Beck, Leonardo Alfuentes, Kristine McDonald, Frank Perugini, Mary Louise Delano, Jean Maglione, Brenda Fort, Michael Maglione, Donna DiBiago, John Schlauraff, Margaret Clark, Diane Chin, Anthony Paletto, Judith Montesusco, Tim Hawn, Richard, Dr. Assunta DiValentino, Joe Bockett, Paula Prete, Thomas Palmer, Pat Ryan, Kathy Lods, Elena Badami, Patricia Cruz, Garrett Greene, Eileen Dailey, Thomas Hayes, Jaclyn Lin, Andrew DiPiermo, Sal & Rosalie Cottone, Timothy Murphy, Jill Pagliuca, Kathy Dailey, Kelly Bosco, Pamela Tesone, Mildred Malone.

Our parish is pleased to announce the following
wedding:

Connor Palmeri and Stephanie Cerullo
(St. Gerard Majella) (St. Margaret of Scotland)
October 19, 2025 Third Banns



We pray for all recently deceased, remembering
especially Margaret Stevens.

May they find eternal rest and joy.



Our Parish Mission Statement: Formed by God's word and nourished at the Eucharist, we strive to be faithful witnesses to Jesus Christ by handing on the Catholic faith to our families and community and serving those in need.

Join the Columbiettes!



A Sisterhood of Faith, Charity and Service

Are you a Catholic woman looking to grow in faith, friendship, and service to your parish and community?

The Columbiettes is a united group of women who work side-by-side with the Knights of Columbus, dedicated to charitable works, spiritual growth, and strengthening our Catholic values.

What We Do:

- Support parish and community events
- Engage in charitable projects
- Grow together in faith and fellowship
- Make a real difference with our time and talents

Whether you're young or young at heart, single or married—there's a place for you in our sisterhood!

Interested?

Email us at:
SGMColumbiettes@gmail.com

Follow us on Instagram! @SGMColumbiettes

Knights of Columbus

YOU ARE BORN A MAN
YOU BECOME A KNIGHT!

Scan with phone camera!



YOU ARE CALLED! JOIN TODAY!

Free 12 Month Membership

Visit
KofC.org/JoinUs

Use Promo Code
BlessedMcGivney

To learn more please call Peter Santoro 631-457-9973

Like history? Intrigued by Catholic culture? Try some books from the POPES' shelf in the parish library.

OCIA Christian Initiation of Adults

Are you an adult thinking of becoming part of the Catholic community and completing your sacraments? Contact Deacon Frank at deaconfrank@stgmajella.org or 631-473-2900.

Catholic Ministries Appeal

100% of every dollar raised is restricted to fund the objectives, programs, and mission supported by the Catholic Ministries Appeal, touching each of our 133 parishes and more than 600,000 people each year. Through Communion, we worship together and share in the love and unity of the Trinity. We Participate by serving one another in our Mission to evangelize and share the love of our Faith with others.

Donor Stories of Faith, Gratitude, and Generosity

Behind every donation we receive is a heart moved by gratitude, a desire to give back, or a personal experience of the Church's presence in a time of need.

Linda—Farmingdale, NY

"After my husband passed away, I felt so lost. It was the people at my parish and the counseling I received through Catholic Charities that helped me through. Giving to the Appeal is my way of saying thank you. It's a gift of gratitude for the love I was shown when I needed it most."

Carlos & Maria—Hempstead, NY

"We came to this country looking for opportunity, but we also found faith. Our children are growing up in a vibrant parish community, attending religious education classes supported by the Appeal. We give so others can experience the same joy we feel being part of the Church here."

***Scan to give to
CMA!***



Request weekly giving envelopes in our Parish Office or scan the QR code to give online!

God Multiplies Our Gifts

When we give, we may think that we are reducing our resources, but in reality, God has a unique way of multiplying our gifts. As we sow seeds of generosity, we open ourselves up to experiencing God's abundance and provision in unexpected ways. Trust that God will bless and multiply the impact of your tithes.



Reflecting on next Sunday's Gospel before you come to Mass can bring so much more meaning to your experience of the Liturgy. Here's the Gospel for next Sunday. How does this Gospel touch your life?

October 19, 2025

Twenty-Ninth Sunday in Ordinary Time

Luke 18:1-8

Jesus told his disciples a parable about the necessity for them to pray always without becoming weary. He said, "There was a judge in a certain town who neither feared God nor respected any human being. And a widow in that town used to come to him and say, 'Render a just decision for me against my adversary.' For a long time the judge was unwilling, but eventually he thought, 'While it is true that I neither fear God nor respect any human being, because this widow keeps bothering me I shall deliver a just decision for her lest she finally come and strike me.'" The Lord said, "Pay attention to what the dishonest judge says. Will not God then secure the rights of his chosen ones who call out to him day and night? Will he be slow to answer them? I tell you, he will see to it that justice is done for them speedily. But when the Son of Man comes, will he find faith on earth?"

Reflection Questions

- How might disciples of Jesus be tempted to lose heart?
- Why do you think Jesus connects prayer with "not losing heart"?
- What are remedies for a discouraged heart?
- What does this widow's persistence teach us about faith?
- What's surprising or unsettling about the judge's response?
- How does Jesus contrast the judge with God?
- What does this passage say about God's timing versus our expectations?
- Why does Jesus end with the question: "Will He find faith on the earth?"
- Pick one area of life where you've stopped praying. Commit to pray daily for it this week.

St. Joseph Men's PRAYER GROUP

Men, ages 18 and up, from St. Gerard Majella and Infant Jesus Parishes are invited.

 Thursday
November 20, 2025


 7:30PM
9:00PM

 St. Gerard's Parish Hall
300 Terryville Rd, PJS

What to Expect:

- Guided prayer time
- Reflection & Sharing
- Refreshments & Fellowship
- Bring Rosary beads!

R.S.V.P.

 Parish Office
631-473-2900

 Peter Santoro
peter.m.santoro@gmail.com



Blood Drive Thank You!

24 pints of blood were collected. Thank you to all those who also tried to donate. We are grateful to our volunteers for organizing this drive!






ST. GERARD MAJELLA OUTREACH MINISTRY'S 1ST ANNUAL BOOK DRIVE

WE ARE COLLECTING BOOKS DURING THE MONTH OF OCTOBER.
DROP-OFF BOX IS LOCATED IN OUR LOBBY.

These books will be donated to the Non-Profit Organization, Book Fairies. Book Fairies began in 2012 with the goal of fostering the love of reading in children and has grown to be the largest book donation organization in the Tri-State area. We gather new and gently used books and place them into the hands of eager children living in under-resourced areas across Long Island, New York City, and internationally. Our model removes the financial and access barrier by directly supporting literacy programs and building school, classroom, and home libraries.



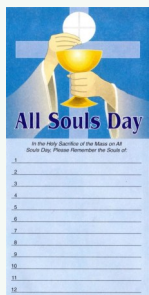
BOOK DRIVE DONATION INFO

-  Book Fairies needs children's books from baby to young adult (adult books are accepted as well).
-  We cannot take CDs, DVDs, religious books or encyclopedias.
-  Books should be odor-and-mold-free and intact, with no torn or missing pages or covers.

Financial donations are greatly appreciated. Go to www.TheBookFairies.org

"THE MORE THAT YOU READ, THE MORE THINGS YOU WILL KNOW. THE MORE THAT YOU LEARN, THE MORE PLACES YOU'LL GO!"
-DR. SEUSS

On next Sunday, World Mission Sunday, we will celebrate World Mission Sunday. Pope Leo invites the entire Church to support mission dioceses in Africa, Asia, the Pacific Islands, and parts of Latin America and Europe, where priests, religious and lay leaders serve the world's most vulnerable communities. Please keep the Pope's missions in your prayers and be generous in next week's collection for the Society for the Propagation of the Faith.



All Souls Day Novena

All Souls Day envelopes will once again be collected and placed on the altar as a special remembrance during the All Souls Day Novena Masses. You can drop them into the collection basket or at the front office. Our special All Souls Mass will take place on Monday, November 3rd at 7pm in the church. All are welcome to attend.

Bless new life with love



Baby and New Mother Donation Drive

Benefitting Birthright of Rocky Point

Throughout October, The Columbiettes will be collecting items. A donation box is located in the lobby.

Birthright is a pro-life organization that offers support to women facing unplanned pregnancies. They provide baby clothes, diapers, maternity items, and referrals for further care. Rooted in the belief that every life is a sacred gift, Birthright walks alongside each woman supporting both mother and child with dignity and love.

Please prayerfully consider donating.
Birthright is especially in need of the following:

- Diapers
- Wipes
- Baby Blankets
- Bibs / Burp Cloths
- Maternity Items
- Postpartum Care Items
- Any baby items for Newborn to 24 months



Prayer to St. Gerard Majella for Motherhood

... St Gerard Majella, Pray for Us ...

O Good St. Gerard, powerful intercessor before God and wonder worker of our day, confidently I call upon you and seek your aid.

While on earth, you fulfilled all of God's designs; help me also, to always do God's holy will.

St Gerard, beseech the Master of Life, from whom all parenthood proceeds, to bless me with offspring, that I may raise up children to God in this life and heirs to the kingdom of God's glory in the life to come. Amen.



Prayer to St. Gerard Majella for Safe Delivery

O Great Saint Gerard, beloved servant of Jesus Christ, perfect imitator of your meek and humble Savior and devoted child of the Mother of God, enkindle within my heart one spark of that heavenly fire of charity which glowed in your heart and made you an angel of love.

O Glorious Saint Gerard, you were raised up by God as the patron and protector of expectant mothers because when falsely accused of a crime, you bore like your Divine Master, without murmur or complaint, the malice of wicked men.

Preserve me from danger and from the excessive pains accompanying childbirth, and shield the child which I now carry, that it may see the light of day and receive the purifying and life-giving waters of baptism through Jesus Christ our Lord.

Amen.



Prayer to St. Gerard Majella for Mother And Child

O Almighty and Everlasting God, through the Holy Spirit, you prepared the body and soul of the glorious Virgin Mary to be a worthy dwelling place of your divine Son.

Through the same Holy Spirit, you sanctified St. John the Baptist, while still in his mother's womb. Now, hear the prayers of your humble servant who implores you, through the intercession of St. Gerard, to protect me amid the dangers of childbearing and to watch over the child with which you blessed me.

May this child be cleansed by the saving water of baptism and, after a Christian life on earth, may we, both mother and child, attain everlasting bliss in heaven. Amen.



Prayer to St. Gerard Majella for A Sick Child

... St Gerard Majella, Pray for Us ...

O Most beloved Saint Gerard, who, like the Savior, loved children and by your prayers freed many from disease and even death, listen to us who are pleading for our sick child.

We thank God for the great gift of our son/daughter and ask God to restore our child to health if such be his holy will. This favour we beg of you through your love for all children and mothers.

Amen



Prayer to St. Gerard Majella Petition

Almighty and loving Father, I thank you for giving St. Gerard to us as a great role model and powerful friend. Through his example, he has shown us how to love and trust You.

You shower many blessings on those who call upon his assistance. For Your greater glory and my welfare, please grant me the favours which I now ask in his name.

(Share your request...)

And you, my powerful patron, St Gerard Majella, intercede for me before the throne of God.

Draw near to His throne and do not leave until you have been heard. O Good Saint, to you I address my fervent prayers; graciously accept them and let me experience in some way the effects of your powerful intercession. Amen.

Novena to St. Gerard Majella

Most Blessed Trinity, I, Your child, thank You for all the gifts and privileges which You granted to St. Gerard, especially for those virtues with which You adorned him on earth and the glory which You now impart to him in heaven. Accomplish Your work, O Lord, so that Your kingdom may come about on earth. Through his merits, in union with those of Jesus and Mary, grant me the grace for which I ask... (Share your request ...)

And you, my powerful intercessor, St. Gerard, always so ready to help those who have recourse to you, pray for me.

St Gerard, go before the throne of Divine Mercy and do not leave without being heard. To you I confide this earnest and urgent request.

St Gerard, graciously take my cause in hand and do not let me end this novena without having experienced in some way the effects of your intercession. Amen.

Concluding Prayer

O Good St. Gerard, powerful intercessor before the throne of God and wonder-worker of our day, I call upon you and seek your help.

While on earth, you fulfilled all of God's designs; help me also, to always do God's holy will.

St Gerard, beseech the Master of Life, from whom all parenthood proceeds, to bless me with offspring, that I may raise up children to God in this life and heirs to the kingdom of God's glory in the life to come. Amen.

Prayers: Our Father ... Hail Mary ... Glory be ... (3 times)

St. Gerard Majella

Feast day: October 16th

St. Gerard Majella was born in Muro Lucano, Italy, on April 6, 1726

Death: 1755

He was beatified by Pope Leo XIII on January 29, 1893, and was canonized on December 11, 1904 by Pope Saint Pius X. He is the patron saint of mothers, motherhood, expectant mothers, childbirth, children, pregnant women, unborn children, the pro-life movement, the falsely accused, good confessions, and lay brothers.



**We Will Be Closed Columbus Day
Monday, October 13**

Looking for a New Adventure?

Come Join Our Thrift Shop & Barn Family!
We are currently looking for additional help on:
Thursdays 9:30-12:30
Fridays 9:30- 12 or 11:30-2

Same Great Store, Slightly Different Hours

The Thrift Shop & Barn is open:
Monday through Thursday 9:30 am until 3:30 pm
Friday 9:30 am until 2pm

Can't Get Here During The Week?

NO PROBLEM!

We Will Be Open The Following Saturdays:

NOVEMBER 1 & DECEMBER 6
10am until 2pm



To the Parishioners of St. Gerard's,

As many of you may be aware, our Parish hosts a Christmas Fair every year. It has become a staple and tradition in our community! Families come each year to shop for gifts, buy cookies and homemade candy, buy food made by our kitchen crew, enter into raffle prizes, and see Santa! Since the Pandemic, we have noticed a slowdown in the amount of people attending and we are looking to change that this year with your help! Many of our core volunteers have been a part of the Fair for many, many years. We are looking to get more volunteers to assist and ease their workload. If you can spare an hour or two on the weekend of December 5th and 6th, we would be so grateful. We also need help with set up on Thursday, December 4th from 6:30pm on. The Fair itself will run from 4pm to 9pm on Friday, December 5th and 10am to 4pm on Saturday, December 6th. We will have vendors and tables specifically run by us, where funds directly go to the church. We also serve food and have raffles!

We will be having a volunteer meeting on Thursday, October 23rd at 7pm at church to discuss all of the logistics of this big fundraiser. Please join us...we would love to hear any new ideas you might have to encourage more people to attend the fair.

If you cannot attend but want to help, please contact Grace at 631-828-1430 or Penny at 631-473-8042.

Thank you so much for your prayerful consideration!

Grace and Penny

God Sighting- All Souls Episcopal Church recently hosted a 5K run in Setauket. They graciously collected food for our pantry. They continue to amaze us with their loving kindness!! God bless their church community!!



Deacon John was invited to be a part of an Interfaith prayer service at All Souls Church. Dan Kerr of All Souls stated, "Thank you for praying with us today and for your beautiful and insightful homily on 1 Corinthians 11:1-2, 17-22." What a blessing to be connected to each other!



All are welcome
to

Tame Your Inner Critic and Begin Listening to Your True Self.

Explore how to avoid self-sabotage and go beyond self-doubt to feel good about yourself and move forward with what you want to *be* and *do* in your life. You are enough!

Presented by Linda Mazza-Life Coach

**Thursday, October 30th at 6:30pm
in St. Gerard Majella Parish Hall**

Sponsored by our Outreach Ministry

Description of the program:

Tame Your Inner Critic – Listen to Your True Self
One-Hour Workshop

Do you ever feel like that little voice inside your head is holding you back? The one that whispers, "You're not good enough," or "You can't do this"? That voice is your *inner critic*—and it doesn't have to run the show.

Join us for this empowering one-hour workshop where you'll learn practical tools to quiet the negative chatter, build self-compassion, and tune into your authentic inner wisdom. Through guided exercises, reflection, and simple strategies, you'll walk away with greater clarity, confidence, and peace of mind.

In this workshop, you will:

- Discover how the inner critic develops and why it's so powerful
- Learn techniques to shift from self-criticism to self-support
- Experience exercises that connect you to your true, confident self
- Gain practical tools you can use every day to cultivate self-trust

RSVP to Jennifer at jennifer@stgmajella.org or 631-473-2900

Free Will Offering

SUNDAY GOSPEL ACTIVITIES

F A S C R K T D T K Y Q T C D G W D B A
 L G E W C F E J E F G U C J L Z E O N L
 G O D Z H V P S Q G G F A I T H M T E P
 N J C V A R P U V D T E F C O L N P J Q
 Z J E S E B U S H H A W O Q S Q E G P C
 F Z M S Q K N T L T E R H C D R P Y S E
 X H T P U F S J H M F Z S A M W O W A V
 U B S W R A O E P D Z W A S D Q B W M F
 W Z R D G Q U L D D Y H T W A C T V A C
 J E S U S P J X A O I N U Y T H C W R G
 M D V N C O B W J X P I P S A N F C I J
 G X A F F V G E B B T N P N V O D T T L
 F G L Z Y X E Z Z R W E K D C Y Q M A L
 S A I O S U O L F U Y S X U F H S Z N S
 C Z Y Z I Z L A R B A B R I V K V T W B
 J Z Q K W G R J T R H U R U S W E R K Y
 D X A A Q J B E N O Q O U E W N K Y G D
 J H E A L E D X D Z L Y R Q X G W E G J
 I A T O P P I T Y G G H T C T X T N S P
 E O V D D H W M E E A O X W C F V Q L B

FAITH

GOD

JESUS

LEPER

PITY

GLORIFY

HEALED

NINE

ONE

PREST

SAMARITAN

SAVED

TEN

THANKS



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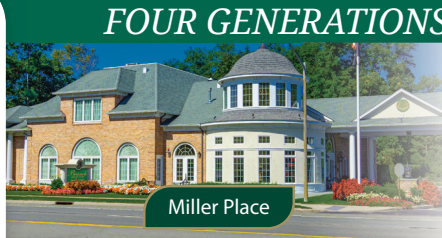
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